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Dear Parents/Guardians,

This year, St. Vincent Academy will be hosting a Track team during the Spring 2021 season. The season will start on Thursday, April 1 at Branch Brook Park between the streets of Delavan Ave and Elmwood Ave off of Lake Street. Please arrive early in order to be checked in by your coach and Athletic Director. All athletes will need to be transported to and from practices by a member of their own household. If you choose to carpool with another athlete, a letter must be typed and signed by each parent individually and given to the coach before the carpool begins. Stating their daughter will be getting dropped off and picked up by another parent/guardian. No one will be given transportation by the school or coach for practices.

Practices will be held every Monday, Wednesday and Friday during the season, pending weather conditions. If the weather is not conducive to hold practice, you will get a notification from either the coach or athletic director. A full schedule of meets will be shared shortly as well as posted on the school's website, [svanj.org](http://svanj.org).

There will be protocols in place in order to make sure the season runs smoothly, safely and abides by all NJSIAA and SEC guidelines. The following protocols will take place daily and the waiver must be signed before starting the season.

- When you arrive by car, please stay inside the car until the coach/athletic director approaches. Then roll the window down to allow the athlete's temperature and oxygen level to be taken and recorded. If a fever of 100.3F or higher is present, the athlete will not be allowed out of the car.
- If you cannot arrange a car to drop off your daughter at the park, they will be allowed to walk/take public transportation if that's what you decide. Please understand that if they have a fever or have any symptoms, you MUST come pick them up from the park as soon as possible. They will not be allowed to walk or take the bus home. We do not want anyone unsupervised if they are not feeling well. Please urge your daughters to take their own temps before leaving your home to make sure they will be allowed to practice.
- All water bottles must be brought from each individual household. No one is allowed to share / bring extra for the rest of the team.



- There will be no sharing of towels, clothing, or chairs during practices and meets. Please make sure to bring extra clothing if it gets cold, your own chair/blanket if you would like to sit on something other than the grass and your own individual towel if you feel you might need one.
- Social distancing will take place during every practice and meet.
- Masks will be worn during practices and meets. When you are not physically running, a mask must be worn. You **DO NOT** need to wear one while you are running your race. You can if you choose to. Please keep in mind, this may change at any given point during the season to adhere to NJSIAA and SEC guidelines.
- If the athlete starts to show any signs or symptoms related to COVID-19 during the course of the practice or meet, a parent/guardian will be called immediately and they will need to be picked up at the park right away. Please make sure you have arranged an emergency contact person who can be reached if you are not available.

If you have any questions or concerns relating to the Track season, please feel free to reach out any time and I will help answer questions and ease any worries you may have.

Thank You,

Leanne Sleboda  
Director of Athletics